

AMY K. BERGLUND, DC, DACBSP

Active Care Wellness Center



EDUCATION:

- FAKTR (Functional and Kinetic Treatment Rehab), 9/2020
- Functional Range Release Spine Certified, 4/2018
- International Chiropractic Sports Physician. 7/2015
- Diplomate American Chiropractic Board of Sports Physicians. 5/2014
- Certified Chiropractic Sports Physician, 12/2014
- American Board of Chiropractic Sports Physicians, 11/2012
- Doctor of Chiropractic Medicine, National University of Health Sciences, 8/2007
- Bachelor of Science in Human Biology, National University of Health Sciences, 1/2005
- Bachelor of Science in Human Health and Performance, Emphasis in Exercise Physiology, University of Montana, 5/2003

PROFESSIONAL AFFILIATIONS/ASSOCIATIONS:

- Mountain West Track Club: Team Physician 2021-present
- Co-Chair Review Committee American Board of Sports Physicians 2020-2021
- Lost Trail Freeride Team: Team Physician 2017-present
- USA Track and Field: 2016-present
- American Chiropractic Association: 2010-present
- Stevensville Main Street Association, past board member: 2007-2020
- American Board of Chiropractic Sports Medicine: 2012-present
- American Chiropractic Association Sports Council: 2014-present
- Advisory Board Member for the Stevensville School Board: 2012-present
- Stevensville Civic Club: 2007-2013
- United States Triathlon Association: 2011

PROFESSIONAL EXPERIENCE:

- World Championships Track and Field, Eugene, OR, 2022
- Dew Tour, Copper, CO. Olympic Qualifying Event for Beijing Olympics: superpipe and slopestyle ski/snowboard, 2013/2014/2021
- Olympic Time Trials, USA Track & Field, Eugene, OR. 2016/2021
- USA Track & Field, U23 National Team NACAC, Mexico 2019
- USA Track & Field, Masters National Championships, Cheney, WA 2018
- USA BMX -Lumbarjack National Championships, Spokane, WA 2017
- IGO Adventure Race W114 Challenge, Whitefish, MT. 2017
- Kenya Medical Trip, Spring of Hope International. Homa Bay, Kenya 2017
- Olympic Training Center, Lake Placid, NY. Working with USA Bobsled at the The American Cup and USA Skeleton at the American Cup and National Championships. 2014/2016
- World University Games, Granada Spain. Working with Team USA athletes from Freeskiing, Alpine Skiing, Snowboarding, Speed Skating, Curling. 2015
- Northwest Regional CrossFit Games, Seattle, WA. Working with elite CrossFit athletes from the Western Region of the US. 2013